

Mental Health and Supportive Care Resources

Florida Parishes Human Services Authority – <http://fphsa.org/>

Our vision is that all people of Florida Parishes will be empowered to lead meaningful and productive lives among friends, relatives, and neighbors regardless of behavioral health needs or developmental disabilities. We have been lighting the path forward into Recovery by providing person-centered services to those with behavioral health needs and developmental disabilities so that they may reach their fullest potential in health and wellness since 2004.

Background of FPHSA

The Florida Parishes Human Services Authority was established during the 2003 Louisiana Legislative Session under House Bill 954, sponsored by Representatives Winston, Schwegmann, Strain, Erdey, McVea, Nevers, Powell and Senator Schedler. Upon passage by the Legislature, House Bill 954 became Act 594 of the 2003 Legislative session.

Effective July 1, 2004, Florida Parishes Human Services Authority (FPHSA) became a local governance entity. FPHSA was created to pool funding dollars in the areas of addictive disorders, developmental disabilities, and mental health services and to bring spending and operational decisions down to the local level. The geographical area served by FPHSA includes the following five parishes: Livingston, St. Helena, St. Tammany, Tangipahoa, and Washington. The Authority is governed by a Board of Directors composed of nine members, representing the five-parish area. Membership on the FPHSA Board reflects not only a geographical balance, but a balance of perspectives among providers, consumers, and advocates, as well as a balance among the three disabilities served. Under the Authority, it is a goal to avoid duplication, to streamline service delivery, and to improve the quality of care and service delivery to

the consumers who are served. FPHSA is funded through the Legislature and receives both State General Funds and Federal Block Grant Funds for operations.

Along with traditional clinic services, such as evaluation, therapy, and medication management, a number of various other services are provided through contract providers, such as respite care, case management, crisis intervention, in-home therapy, vocational training, housing supports, etc. In addition to community-based out-patient services, FPHSA has two inpatient substance abuse treatment programs, Fontainebleau Treatment Center (FTC) and the Alcohol Drug Unit (ADU). FPHSA serves both adults and children who meet the treatment criteria for services in the areas of addictive disorders, developmental disabilities, and/or mental health.

National Alliance on Mental Health- St Tammany - <https://namisttammany.org/>

NAMI ST. TAMMANY is a grass roots organization dedicated to offering education, support, resources, and advocacy for individuals living with mental illness, their families and the community. Founded in 1984, NAMI St. Tammany began as a small group of individuals with this common interest. The mental health needs of our community continue to grow as our population increases. NAMI St. Tammany and its dedicated volunteers continue to expand services to meet the community's ongoing mental health care needs.

St. Tammany Parish is the 5th largest parish (county) in the state of Louisiana and has been the fastest growing parish since the 1970's. In fact, the population has tripled since 1970 to 191,268 in the year 2000 (US Census Bureau). Located in the greater New Orleans area (adjacent to Orleans Parish), St. Tammany has experienced an estimated 20% population increase as a direct result of transplants from Hurricane Katrina. Housing pricing in St. Tammany has soared with much of the land area located well above sea level.

The St. Tammany Needs Assessment report indicated that one of the main problems with mental health in Louisiana is that "people don't know how to get help." NAMI St. Tammany is working hard to bring awareness to the local community.

Resources and information documents including Denham Springs - <https://app.namisttammany.org/#/home>

(it says "app" but you can also access it through PC)